

Year Two
Fifth Sunday
After the
Epiphany
Daily Office
BCP p.947
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**Vail Order of Worship
Fifth Sunday After the Epiphany
February 4th, 2024**



*Jesus Heals Peter's Mother in Law, 14th century
Chora Museum, Istanbul, Turkey*

<http://thejustmeasure.ca/jesus-heals-peters-mother-in-law-chora-museum2/>

O bless the Lord, my soul

Hymn 411

1 O bless the Lord, my soul! His grace to thee pro - claim!
2 O bless the Lord, my soul! His mer - cies bear in mind!
3 He will not al - ways chide; he will with pa - tience wait;
4 He par - dons all thy sins, pro - longs thy fee - ble breath;
5 He clothes thee with his love, up - holds thee with his truth;

1 And all that is with - in me join to bless his ho - ly Name!
2 For - get not all his ben - e - fits! The Lord to thee is kind.
3 his wrath is ev - er slow to rise and rea - dy to a - bate.
4 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.
5 and like the ea - gle he re - news the vi - gor of thy youth.

6 Then bless his holy Name,
whose grace hath made thee whole,
whose loving-kindness crowns thy days:
O bless the Lord, my soul!

All standing, the Celebrant says

BCP p. 355

Blessed be God: Father, Son, and Holy Spirit.

People

And blessed be his kingdom, now and forever. Amen.

The Celebrant says

Collect of the Day

BCP p. 216

Celebrant The Lord be with you.

People ***And also with you.***

Celebrant Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. Amen.

First Reading

Isaiah 40:21-31

All sit.

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD

shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The Word of the Lord.

People ***Thanks be to God.***

Psalm 147:1-12, 21c

BCP p. 804

1 Hallelujah! How good it is to sing praises to our God! *

how pleasant it is to honor him with praise!

2 The LORD rebuilds Jerusalem; *

he gathers the exiles of Israel.

3 He heals the brokenhearted *

and binds up their wounds.

4 He counts the number of the stars *

and calls them all by their names.

5 Great is our LORD and mighty in power; *

there is no limit to his wisdom.

6 The LORD lifts up the lowly, *

but casts the wicked to the ground.

7 Sing to the LORD with thanksgiving; *

make music to our God upon the harp.

8 He covers the heavens with clouds *

and prepares rain for the earth;

9 He makes grass to grow upon the mountains *

and green plants to serve mankind.

10 He provides food for flocks and herds *

and for the young ravens when they cry.

11 He is not impressed by the might of a horse; *

he has no pleasure in the strength of a man;

12 But the LORD has pleasure in those who fear him, *
in those who await his gracious favor.

21 Hallelujah!

Second Reading

1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law though I myself am not under the law so that I might win those under the law. To those outside the law I became as one outside the law though I am not free from God's law but am under Christ's law so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.

People ***Thanks be to God.***

All stand.

Immortal, invisible, God only wise

Hymn 423

1 Im - mor - tal, in - vis - i - ble, God on - ly wise,
2 Un - rest - ing, un - hast - ing, and si - lent as light,
3 To all life thou giv - est, to both great and small;
4 Thou reign - est in glo - ry, thou rul - est in light,

in light in - ac - ces - si - ble hid from our eyes,
nor want - ing, nor wast - ing, thou rul - est in might;
in all life thou liv - est, the true life of all;
thine an - gels a - dore thee, all veil - ing their sight;

most bless - ed, most glo - rious, the An - cient of Days,
thy jus - tice like moun - tains high soar - ing a - bove
we blos - som and flour - ish, like leaves on the tree,
all laud we would ren - der: O help us to see

al - might - y, vic - tor - ious, thy great Name we praise.
thy clouds, which are foun - tains of good - ness and love.
then with - er and per - ish; but nought chan - geth thee.
'tis on - ly the splen - dor of light hid - eth thee.

Holy Gospel

Mark 1:29-39

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Deacon The Gospel of the Lord.

People ***Praise to you, Lord Christ.***

Sermon

All stand.

***We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.***

***We look for the resurrection of the dead,
and the life of the world to come. Amen.***

Prayers of the People

I ask your prayers for God's people throughout the world; for our Bishop Kym Lucas; for this gathering; and for all ministers and people.

Pray for the Church.

Silence

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.

Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.

Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of him.

Pray that they may find and be found by him.

Silence

I ask your prayers for the departed.

Pray for those who have died.

Members of the congregation may ask the prayers or the thanksgivings of those present.

Praise God for those in every generation in whom Christ has been honored.

Pray that we may have grace to glorify Christ in our own day.

The Deacon says,

Let us confess our sins against God and our neighbor.

Celebrant and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest stands and says

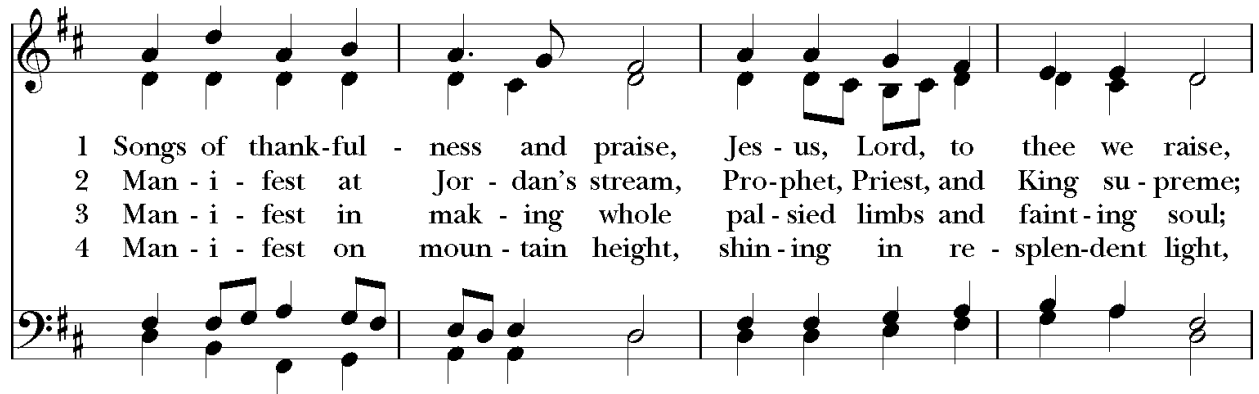
Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Peace

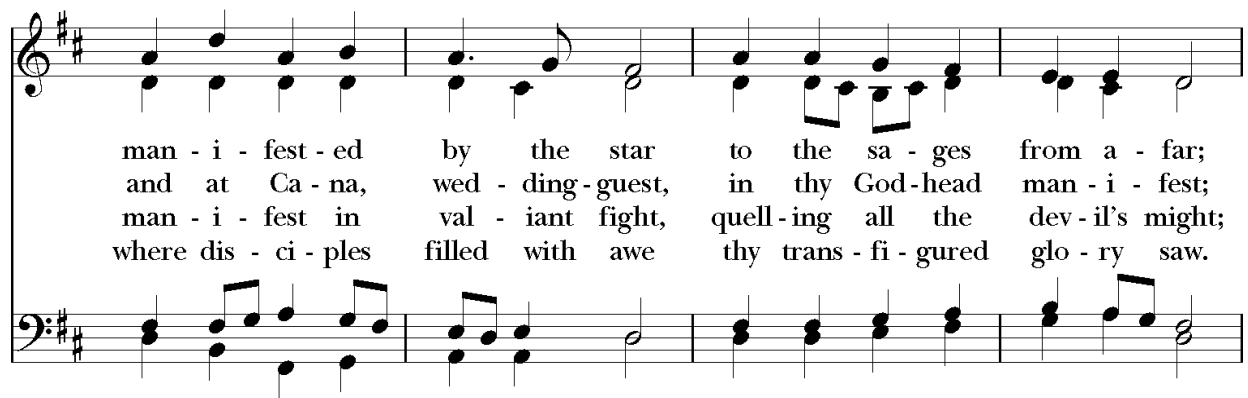
Celebrant The peace of the Lord be always with you.
People **And also with you.**

Songs of thankfulness and praise

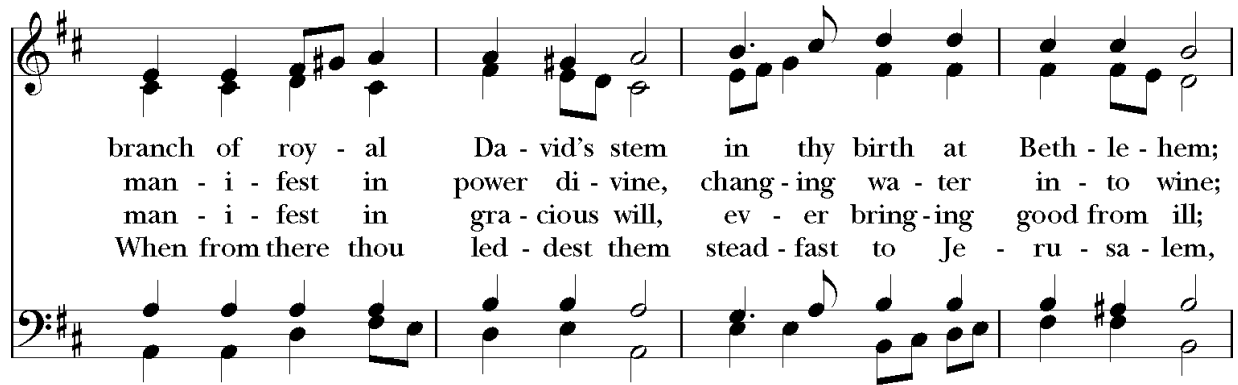
Hymn 135



1 Songs of thank-ful - ness and praise, Jes - us, Lord, to thee we raise,
2 Man - i - fest at Jor - dan's stream, Pro-phet, Priest, and King su - preme;
3 Man - i - fest in mak - ing whole pal - sied limbs and faint - ing soul;
4 Man - i - fest on moun - tain height, shin - ing in re - splen-dent light,



man - i - fest - ed by the star to the sa - ges from a - far;
and at Ca - na, wed - ding-guest, in thy God-head man - i - fest;
man - i - fest in val - iant fight, quell - ing all the dev - il's might;
where dis - ci - ples filled with awe thy trans - fi - gured glo - ry saw.



branch of roy - al Da - vid's stem in thy birth at Beth - le - hem;
man - i - fest in power di - vine, chang - ing wa - ter in - to wine;
man - i - fest in gra - cious will, ev - er bring - ing good from ill;
When from there thou led - dest them stead - fast to Je - ru - sa - lem,



an - thems be to thee ad - dressed, God in man made man - i - fest.
an - thems be to thee ad - dressed, God in man made man - i - fest.
an - thems be to thee ad - dressed, God in man made man - i - fest.
cross and Eas - ter Day at - test God in man made man - i - fest.

Holy Communion

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Celebrant *People*
 The Lord be with you. And al - so with you.

Celebrant *People*
 Lift up your hearts. We lift them to the Lord.

Celebrant
 Let us give thanks to the Lord our God.

People
 It is right to give him thanks and praise.

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

The Hymnal 1982, Service Music - #130 The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

The image shows a musical score for a hymn. It consists of two systems of music, each with a treble and bass staff. The key signature has two flats (B-flat and E-flat), and the time signature is common time (C). The lyrics are: "in the name of the Lord. Ho - san - na in the high - est. Ho - san - na in the high - est." The music is written in a simple, homophonic style with block chords and moving lines.

The people stand or kneel.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People

***We remember his death,
We proclaim his resurrection,
We await his coming in glory;***

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. ***AMEN.***

The Celebrant then continues

And now, as our Savior
Christ has taught us,
we are bold to say,

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Celebrant and People

***Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.***

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance
that Christ died for us, and feed on him in our hearts by faith, with
thanksgiving.

*All baptized persons are welcome and encouraged to receive both the bread and
the wine of the Eucharist. People who are not baptized or who prefer not to
receive communion are invited to come forward and cross their arms to receive
a blessing. Those desiring a gluten-free wafer may request one from the priest
when they come forward to receive communion.*

Let us pray.

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Celebrant and People

***Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.***

Blessing

Dismissal



Your Hope Center

In collaboration with our community partners, Your Hope Center connects individuals in need to immediate clinical support to promote stability, resiliency, and hope. If the safety of you or a loved one is in question, contact your 24/7 support line and speak to a licensed clinician. [\(970\) 306-4673](tel:9703064673)

Prayer Square

Please pray for those who are in need of our prayers:

Hugo & Jacki Benson
Pastor Mark Huggenvik
Mother Emily Lukanich
Dick Neal
Georgie Zinda